

March, April and May 2012



Spring
2012

Rougemont

Reporter

issue



A RURITAN NATIONAL AWARD WINNING e-NEWSLETTER

A quarterly publication of the ROUGEMONT RURITAN CLUB for Rougemont.

Rougemont Easter Parade & Festival Saturday, April 7 th.



See page 6 for more information and registration forms are enclosed.

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- Local Business Ads - That Make This
Publication Possible - Please Give Them
A Shot At Your Business.*



Association of North Carolina Ruritans
2012 Annual Rally is in Williamston, NC
April 27, 28 and 29, 2012
"Fellowship, Goodwill & Community Service"

www.ancr-ruritan.org

Details and registration form available on the website - all are welcome ...

May 8th, National Teachers Day / May 19th, Armed Forces Day

May 28th, Memorial Day Remembering those who have paid the ultimate price ...





2012 Officers & Executive Board

President:	Melody Ann Mininger
Vice President:	Lee Thomas
Secretary:	Bruce Davis
Treasurer:	Mike Cooley
1 Year Director:	Lawrence Daye
2 Year Director:	John Mininger
3 Year Director:	Todd Hinson
Sergeant-at-Arms:	Mathew Libby
Song Leader:	Jack Gibson
Chaplain:	Cheryl Lawrence
Historian:	Millard Thacker
Photographer:	Teiji Kimball
Past President	D. Artemas "Lee" Holden

Ruritan Mission

Ruritan is a national organization dedicated to improving communities and building a better America through
Fellowship, Goodwill, and Community Service.

Rougemont Ruritan Reporter & Community Newsletter

... is published and distributed free of charge as a community service by the Rougemont Ruritan Club, 212 Bacon Road (P.O. Box 63), Rougemont, NC 27572.

Printing costs are paid for by the advertisements found in each issue. You are encouraged to support the local businesses that advertise in this newsletter.

Advertising

To place an advertisement contact Millard Thacker.
Phone: (336) 364-2744 or email him at
advertising@rougemont-ruritan.org

To contribute an article of interest to the Rougemont community, contact John Mininger.
Phone (919) 477-5308 or email him at
editor@rougemont-ruritan.org

**Rougemont Reporter is online at
www.rougemont-ruritan.org**

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Please give our advertisers a shot at your business as they have chosen to support our community by advertising in the Rougemont Reporter ... Thanks

Editions of the Rougemont Reporter are;

Spring	March, April & May
Summer	June, July & August
Fall	Sept, October & November
Winter	December, January & February

The deadline for articles is the first day of the month preceding the first month of each edition. For Spring it would be February 1st, for Summer it would be May 1st, for Fall it would be August 1st, and Winter November 1st.

The advertising deadline is the same. All camera art needs to be in our hands by the 1st of the month preceding publication or one month before it is delivered.

Thank you, **John & Millard**



Rougemont Ruritan Club
212 Bacon Road, Rougemont

Greetings to the Rougemont Community from the 2012 Rougemont Ruritan Club President.

I am proud to be a Rougemont Ruritan. I am proud to live in a community where people are friendly and care about one another. A community where people work together and help each other. A community where FELLOWSHIP, GOODWILL and COMMUNITY SERVICE is not just the motto of the Ruritan Club but the way of life.

I'm especially excited about the latest community effort by the Rougemont UMC, with support from Ruritan members and local citizens to help those in need. We are in the process of setting up a local food pantry to be located at the Rougemont UMC. This is a community effort to help others in our community. If you need help, know of someone who does, or wish to donate, contact the Rougemont UMC or any Rougemont Ruritan.

Each month at our club meeting, we have a program. We are interested in knowing what you would like to hear about. Please email your ideas to Millard Thacker at mthacker@roxboro.net or myself at melody.ann@mininger.info.

Our Ruritan club just received national recognition for growth during 2011. We seek to grow more in our service to Rougemont. Our Club's goal is to include members from all areas of our Rougemont Community, regardless of race, gender or ethnicity, people who want to be involved in Rougemont's Fellowship, Good Will and Community Service.

We meet the first Tuesday of each month at 7:30pm. We are located at 212 Bacon Road in Rougemont. If you want to know more about Ruritan, please contact me or a Ruritan neighbor. Will you become a part of our growing club? Come check us out. Hope to see you soon!

Melody-Ann Mininger
2012 Club President



Greetings From the 2012 Rocky Mount Durham District Governor George Brothers.

You will find that I am short on talk because I have always believed action speaks louder than any word or words will ever do. So as we do the Business of Ruritan, Reach Out to your Neighbors and tell them who you are and this project is being done by Ruritans for them!

I would like to congratulate the Rougemont Ruritan's on achieving three (3) awards at this years National Convention; they were:

- ◆ Second Place certificate for a membership increase of 21.82% / 2011;
- ◆ **First Place** for BEST Club Website for 2011&
- ◆ **First Place** BEST ENewsletter for on-line version of Club Newsletter.
A Great Achievement for all of you; well done.

For your fellow District Ruritans here are their Nationally Recognized Achievements:

- ◆ Oak Grove Ruritan Club: Certificate for membership increase in Medium size clubs 15.8%.
- ◆ The District Tom Downing Award presented to Corky Camin.
- ◆ Jim Sears received an certificate for outgoing 2011 District Governor.
- ◆ Donnie Perry for RMD District Garland Gray Award Largest total dollars donated third place \$5,660.32 to the National Foundation.
- ◆ A special Recognition for Russell Cockrell for over 50 years perfect attendance and attending all the National Conventions since becoming a Ruritan.

I am looking forward to a great 2012 from all Rocky Mount Durham Ruritan's.

Thank you for all that Rougemont Ruritan's have done and will do in the name of Ruritan and for all you will do in the future for Ruritan.

**George Brothers
2012 RMD District Governor**



Phyllis Lewter



**Ruritan National
President**



*Dear Rocky Mount Durham District Ruritans and Rougemont Ruritan,
Thank you for electing me as your Ruritan National President.*

It is an honor to work with you. Each of you gives back to make your communities a better place to live. Your community service reports reflect numerous hours and funds given to help others.

As volunteers, you are the heart and hands of your communities. It has been said that volunteers are not paid because they are worthless, but rather they are not paid because they are priceless. Thank you for your priceless service.

As Ruritans, we have a great story of service to tell. We are America's leading community service organization. We are second to none! Join me in celebrating Ruritan in 2012. Send in your stories of service to Ruritan National so that they can be used in the Ruritan Magazine and on the website.

Let's tell Ruritan's story of "Working Together for a Stronger America".

Keep up the great work you are doing. Let's keep growing and serving.

Yours in Ruritan Service,

National President Phyllis



Business & Professions Committee / "SCHOLARSHIPS" Lawrence Daye, Chairman

It's January and time for high school seniors to begin finalizing their college plans. Whether for a 4-year college or a 2-year community college, this is an ideal time to begin applying for scholarships. For over 15 years the Rougemont Ruritan Club has awarded scholarships to students in the local communities. The amounts have varied over the years depending on the success of the annual golf tournament held in September. In preparation for the 2012 year the scholarship committee has delivered this year's applications to local high school counselors and posted a PDF copy of the application on the Ruritan website. Qualified applicants must have a permanent residence in either the 27572 Zip Code area or 27583.

The deadline for all applications is March 30th. Information can be obtained by visiting www.Rougemont-Ruritan.org and clicking the Scholarship 2012 link or ask any Ruritan member for more details.

PS Members of the Ruritan club will be selling raffle tickets this year to help raise scholarship funds and assist the Ruritan Education Assistance Program (REAP). Look for their booth at the Easter Festival or ask any member for a ticket. The prize – An annual membership to Lake Winds Golf course. If you have access to the internet, check out our website - awarded the 2011 National first place Ruritan club Website.

Citizenship & Patriotism Committee / Lennie (Daniel) Newton, Chair

Flying the American Flag and supporting our country has never been more important than today. Our committee flies our American flags along Roxboro Road in Rougemont on most national holidays. We remember those **Missing in Action** with special flags. We sponsor the **Veterans Appreciation** at the Community Ice Cream Social in July. In addition we coordinate for a Ruritan float to enter local community parades including Rougemont Easter Festival, Timberlake Memorial Day Parade, Caldwell July 4th Parade, and Bahama Christmas Parade.

Please join us ... the more the merrier. We care - We Share - We work - We are Ruritans.

Environment Committee - Norm Perry Chair

On March 3rd - same day as the blood drive we have a road side pickup - one of many we do throughout the year. Please join us as we keep Rougemont looking cleaner. Later this spring or in early summer we are working with Durham County General Service to hold another shredding and electronics pickup event. We will keep you posted. Our success has Durham County looking to partner with other Ruritan clubs throughout Durham County. Come and join us in working to keep the Rougemont community a place others would like to visit.

Toward the end of spring we will start working on some maintenance on the log cabin and our cook shed.

Public Service Committee - by Verna Bullock, Chair

By the time you're reading this we will have held our last Brunswick stew of the season and our last pancake and sausage breakfast. We appreciate the community support and we thank you participation. All proceeds support our projects like the Easter Festival and the Veterans Appreciation and Ice Cream Social in the summer.

Exciting news -

The Rougemont Reporter's on-line version received a FIRST place award as well as our Website - FIRST place in the country. The only difference is that the on-line version has more color - still the same great publication.

Social Development Committee - Lynn Van Scoyoc, Chair

The biggest event each year for this committee has to be the Easter Parade and Festival. As always, it is held the Saturday before Easter Sunday. Please join the members of your community on April 7 at Rougemont Village for the festival and find the details for the parade and festival in this paper. **If you'd like to volunteer to help with the egg hunts or to monitor the moonbounces please contact Lynn Van Scoyoc at 919-477-3269.**

One of our most important projects is hosting several blood drives throughout the year. Our next blood drive is March 3rd from 8 to 12 noon. Currently the local Red Cross is short over 900 units of blood and the need is greater than ever. Please, please pass the word to your friends and family and the churches to stop by on the 3rd at the club to donate on the first Saturday in March. The location is 212 Bacon Rd, Rougemont. Thank you.





Youth Committee / Todd Hinson, Chair

During the past quarter, the Youth Committee of the Rougemont Ruritan Club has been very active. They crafted hand-made greeting cards for folks living alone, and they personally decorated over 50 Christmas cards that were included in the annual fruit basket deliveries. Members also helped out with the pancake sausage breakfast in January.

The committee launched their first Pledge Drive fundraiser during the January club meeting. Youth members are collecting pledge amounts for each hour they volunteer with the club during the first half of the year (for example, \$1/hr). At the end of June, we'll total up the hours worked by each member, and they'll collect the pledges from friends and family. All funds raised with this worthwhile fundraiser will go towards sending members to the Ruritan Leadership Camp at Smith Mountain Lake, VA this July. So if you are asked to support the Youth Pledge Drive, please consider it!

The Youth Committee meets at 6:30pm on club meeting nights. Any interested persons should contact Todd Hinson, the committee chair.



Rougemont Easter Parade and Festival

Wow! Can you believe it? This is our ninth annual Rougemont Easter Parade and Festival.

It seems like only yesterday that we were in the planning stages for the first parade and festival. We've made a few changes over the years to improve it but we still have the same basic elements that we started with 9 years ago.

The Ninth Annual Rougemont Easter Parade and Festival will be held on April 7th and starts at 10am.

Families can come down and enjoy live music and children's activities while waiting for the parade that starts at 11am at the corner of Bacon and Chambers Road.

We will have many different games, face painting, and a free moonbounce for activities for children of all ages.

Look forward to seeing you there.

The Easter egg hunt for kids 0-5 starts at 12:00 noon and for children 6 to 11 at 12:10pm.

Some of our guest celebrities this year include Rudy the Ruritan Bear, Ronald McDonald, Wool E. Bear, and Booker the Durham County Library Bookworm.

I would be remiss if I did not mention the "FOOD". "BBQ" - Fish - Hotdogs and Hamburgers and a whole lot more! Please - come hungry, all our vendors are non-profits and the money spent on food goes to worthy causes right here in our community.

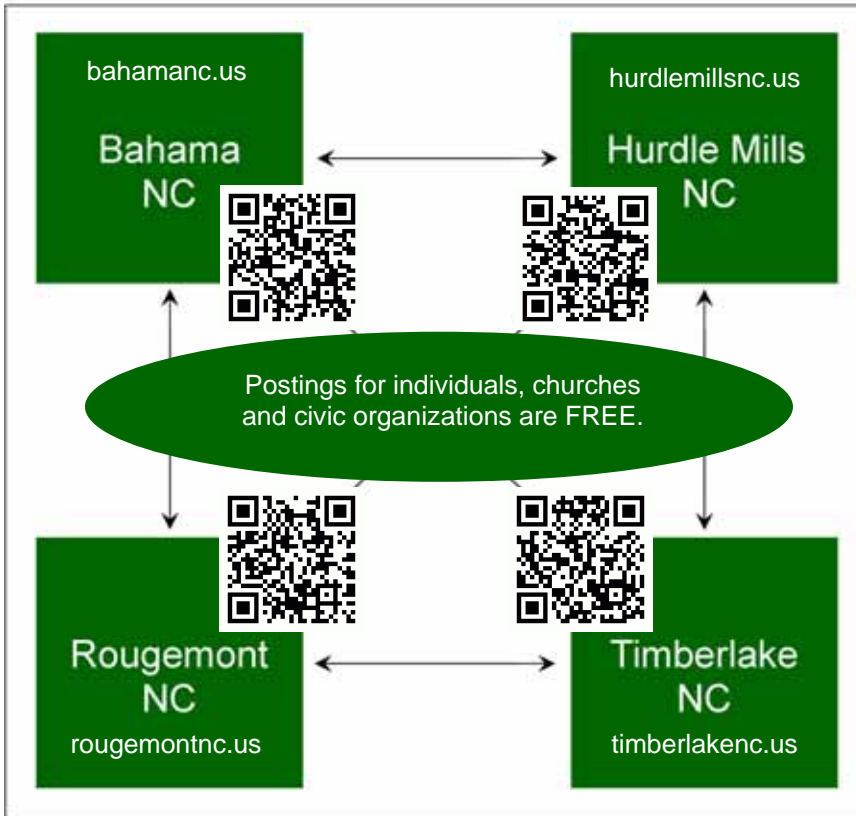
The Rougemont Easter Parade and Festival is sponsored by the Rougemont Ruritan Club and is made possible by support from the Rougemont community.

**For more information please call;
 Teresa at (336) 364-8373 or
 Hallie at (919) 471-4773**

Want to be in the parade? Have a table at the festival? Fill out the insert in the newsletter!



Local websites keep us connected and informed. Are you having a yard sales - have it posted, lose a cat/dog or is your organization having an event ... have it posted.



Four truly local websites:

- ◆ Local churches
- ◆ Local civic organizations
- ◆ Lost and Found? Lost a pet?
- ◆ Are you having a yard sale?
- ◆ Local events ... & more ...
- ◆ Weather



All of the listing above are free to the public - churches and civic organizations.

Only the business are paid listings.

Share this with your family and friends!

ANGEL LIGHTING FUND DONATIONS FOR 2011/2012


Moorman in memory of : Mile M. Moorman	1	40.00
Brantley S Pearce	2	40.00
Marie & Albert Palmer	2	40.00
Rod & Lisa Waltermann	2	40.00
William Boak	1	25.00
William Boak	2	40.00
Jim & Ann McKenzie	1	20.00
	1	20.00
Toni Cutson	3	60.00
Wanda Newton & Family in Memory of: Ralph W. Swain	5	100.00
Denise Clark	2	40.00
	2	40.00
Karen M. Sherrod	2	40.00
Jay & Beth Davis	3	60.00
Harold Fletcher	1.5	30.00
	5	100.00
Russell & Debra Smith (memory of Melvin & Julie Smith)	2.5	50.00
John & Kathleen (Bill) Anderson	3	60.00
Jim Hill	5	100.00
	2	40.00
Reynolds & Carolyn Cody	2	40.00
Rosemary & Steve Smith	1	20.00
Tommy, Bennie & Debbie (in memory Ulys & Sally Mangum)	1	20.00
Julie Nye	1	20.00
Ruth & Dave Brown	1	25.00
Rodney Baxter	2	40.00
D. A. "Lee" Holden and Judi Stafford-Holden		

Thank you Rougemont Residents ...

Rougemont Ruritan Club
212 Bacon Rd.
Rougemont



Saturday, March 3rd
8 am to 12 noon



Please Donate a Unit of Blood! Please!



Upcoming Rougemont Ruritan Events



March 2012

March 3rd / Roadside Pickup - Bacon Rd

March 6th / Rougemont Ruritan Club Meeting
7:30 to 9:00 pm

March 27th / Rougemont Ruritan Board Meeting
7:30 - All members welcome

April 2012

April 3rd / Rougemont Ruritan Club Meeting
7:30 to 9:00 pm

April 6th / ANCR Quarterly Meeting 6pm to 8:30pm
www.ancr-ruritan.org - All Ruritans welcome

April 7th / Easter Parade and Festival

April 24th / Rougemont Ruritan Board Meeting
7:30 - All members welcome

April 27th - 29th / ANCR Annual Rally - all Ruritan
members in NC welcome to attend

May 2012

May 1st / Rougemont Ruritan Club Meeting
7:30 to 9:00 pm

May 5th / Food Drive - Rougemont

May 20th thru May 25th / Ruritan Week
May 26th / Ruritan Foundation Day

May 28th / Memorial Day

May 29th / Rougemont Ruritan Board Meeting
7:30 - All members welcome

Programs at Up Coming Meetings

March 6th / Volunteers for Youth Orange County
Tim Hucks - Presenter

April 3rd / Piedmont Community College
Dr. Walter Bartlett, President/Presenter

May 1st / Scholarship Night - Presentation of
Educational Scholarships to selected
local students

Memorial Day is a United States federal holiday observed annually on the last Monday of May.

Formerly known as **Decoration Day**, it originated after the American Civil War to commemorate the fallen Union soldiers of the Civil War. By the 20th century Memorial Day had been extended to honor all Americans who have died in all wars.

Memorial Day is a day of remembering the men and women who died while serving in the United States Armed Forces. As a marker it typically marks the start of the summer vacation season, while Labor Day marks its end.

By the early 20th century, Memorial Day was an occasion for more general expressions of memory, as people visited the graves of their deceased relatives, whether they had served in the military or not. It also became a long weekend increasingly devoted to shopping, family gatherings, fireworks, trips to the beach, and national media events such as the Indianapolis 500 auto race, held since 1911 on the Sunday of Memorial Day weekend.

Annual Decoration Days for particular cemeteries are held on a Sunday in late spring or early summer in some rural areas of the American South, notably in the mountains.

In cases involving a family graveyard where remote ancestors as well as those who were deceased more recently are buried, this may take on the character of an extended family reunion to which some people travel hundreds of miles. People gather on the designated day and put flowers on graves and renew contacts with kinfolk and others. There often is a religious service and a "dinner on the ground," the traditional term for a pot-luck meal in which people used to spread the dishes out on sheets or tablecloths on the grass. It is believed that this practice began before the American Civil War and thus may reflect the real origin of the "memorial day" idea.





Over the years, the Rougemont community has done a great job supporting the Durham Food Bank, often through food drives spearheaded by the Rougemont Ruritan Club. While supporting the Durham facility is important, a more northern food bank would be a big help to local families in need. When folks are hungry and funds are low, driving into Durham may not be workable, once gas costs are considered. Ideally, we could provide a local resource to help our own families instead.

The Rougemont United Methodist Church (RUMC) recently took a huge step towards making this a reality. On January 22, the church approved hosting a brand new "Rougemont Food Pantry". The first work day for the pantry was held on January 28, and primarily focused on converting spare office space at the church into a storage room for the food pantry. Shelving units were put up, made possible by donations from many individuals. A food drive to help stock the shelves was held on February 4th. When the Food Pantry is open (by the time you read this) it will be announced on the sign on the church lawn, and a website has been created to provide more detailed information.

See HUNGER & US on page 12

Mangum 5K Fun Run partners with Rougemont Food Pantry

Mangum Elementary School in Bahama is beginning to gear up for their 2nd annual 5K Fun Run/Walk, which will take place at 9am on Saturday May 5.

Last year's event was a terrific success with approximately 120 participants who ran or walked, and over \$5,000 raised. Last year, the money was used to build a track in front of the school that permits students, faculty and members of the community to exercise before or after school.

An exciting development for 2012 is that Mangum Elementary has decided to partner with the new Rougemont Food Pantry this year, and some of the funds from the 5K event will be donated to the food pantry.

This will dramatically increase the number of families the pantry can assist in the first year, and further strengthen bonds between the school and the local community.

For anyone interested in participating in the 5K Fun Run/Walk, information is posted on the event's website... <http://mangum5k.jottit.com/>.

You may also call the school at 919-560-3948, or send an email to mangum5K@gmail.com.

If you know of someone interested in helping out, please put them in touch. Needs range from bringing in much needed non-perishable food items, grocery bags and boxes, to working with area stores and corporate sponsors to secure donations.

Though RUMC is the gracious host, we invite any willing, good hearted folks from the northern Durham community to help out. The Rougemont Ruritan Club is supporting this worthwhile project, both through food drives and volunteer hours.

In addition, Mangum Elementary School has decided to donate funds from the 2012 Mangum 5K road race to the Rougemont Food Pantry. This is a very exciting development that partners the school with the local community in a powerful way (see article below)

Interested donors or volunteers should contact either Todd Hinson at 919-381-8131 or Keith Lawrence at 919-724-3418.

You will be able to find additional information at
<http://www.rougemontfoodpantry.org>
or email: info@rougemontfoodpantry.org

We are All volunteers ...

Volunteers. We are blessed with a club full.!

Below are the volunteers of the month for 2011 ...
and John Mininger was the **Ruritan of the Year!**

January	2011	Michael Cooley
February	2011	John Mininger
March	2011	Linward Hedgspeth
April	2011	Patricia Russell
May	2011	Hallie Mangum Bass & Teresa Elliott
June	2011	Lennie "Daniel" Newton
July	2011	Jack Gibson
August	2011	Joe Haenn
September	2011	Norm Perry
October	2011	Millard & Marty Thacker
November	2011	Todd Hinson
December	2011	D. Artemas "Lee" Holden

"Each of these members has given unselfishly of their time and energy above and beyond what is expected. The board and the community thank them from the bottom of our hearts."

Ruritans of the Month for 2012

January	2012	Cheryl Dickerson
February	2012	Lydia Thomas



I am proud to live in Rougemont and to tell people that Rougemont is where I live (not Durham, not Roxboro, not Chapel Hill, not Hillsborough). Often when people from Rougemont are asked where they are from they say one of the larger cities or towns because they assume that no one knows where Rougemont is located.

Well, let me tell you – I tell'em that I am from Rougemont. They say “where is Rougemont?” I say, “it’s a small quaint village midway between Durham and Roxboro, NC on highway 501 – the little village with lighted Angels in December, American Flags flying on National flags days and has a parade at Easter, a community ice cream social and Veteran’s Appreciation celebration in July and the residents will speak to you when you stop.” I stress that Rougemont is where people are happy and enjoy the countryside in which they live. I encourage them to stop by on their way to or from Duke Hospital (it appears that that is where most of the travelers from Virginia are going) and meet the people at the local stores. And I say, “they’ll speak to you, say hello and ask you to come back when you can!” That’s ROUGEMONT!!! Happy Village U.S.A.

Millard Thacker - January 2012



Who Benefits From Inclusion? We All Do!

By Jerry Aiken - Executive Director

The National Inclusion Project serves to bridge the gap that exists between young people with disabilities and the world around them. The Inclusion Project partners with families, communities, and organizations to create awareness about the many benefits of an inclusive world.

54 million (1 in 5) Americans live with some level of disability

- ◆ 26 million have a severe disability
- ◆ • 4 million American children and adolescents have a disability
- ◆ 1.6 million use a wheelchair
- ◆ • 8 million Americans have visual impairments, 34 million have hearing impairments

* Divorce rates among marriages in families of children with disabilities are around 4 out of 5.

Through the leadership of the National Inclusion Project, more children are now receiving a chance to participate in childhood activities that include both children with and without disabilities. As a result, everyone has an opportunity to learn greater teamwork and character lessons such as patience, acceptance, and understanding.

The Project's programs currently impact approximately 10,000 children a year through 45 programs in 23 states, but the organization's goal is to reach every state so that no child who would like to participate will ever have to feel left out.

For communities and society, it is necessary to shift the “norm” or conventional thinking away from limitations to potential, from exclusion to inclusion, and from a longing to be included to a sense of belonging.

“For two weeks a year, my son does not have Down syndrome, wear hearing aids, or have difficulty with his speech. He is simply a camper!” - James -

www.inclusionproject.org

See how you can make a difference!



Rougemont Ruritan Club Sweeps Ruritan Gold Awards in all 5 Community Service categories in 2011.

Our Rougemont Club was one of only three Ruritan Clubs among the forty clubs in the Ruritan Rocky Mount-Durham District to earn 5 Gold service awards- Business & Professions, Citizenship & Patriotism, Environment, Public Service, and Social Development in 2011. To win this award Rougemont Ruritan members contributed over 3800 hours of volunteer work in and around the Rougemont community. They also raised over \$16,000 to sustain community service efforts. Ruritans put action into their focus on Fellowship, Good Will and Community Service.

Efforts are underway to make 2012 an even better Community Service year by Ruritans in Rougemont. Look for American Flags flown on holidays, Easter Festival, Blood Drives, local parade participation, Ice Cream Social, Veterans Recognition, Community Cleanup, participation in the Rougemont Food Pantry, Community Christmas Party with ECA, Angels at Christmas and Community Christmas Tree, and Christmas Fruit Baskets for the elderly and shut-ins, as well as Rudy Bears donated to EMS, Fire Department and Sheriff's officers for use at accident scenes.

Rougemont Ruritan always seeks community members who want to serve their community and have fun while doing so. If you want to help, please ASK a Ruritan club member!



The on-line version of the Rougemont Reporter won first place among all Ruritan clubs in the nation. The on-line version is the same as the newsletter you are reading now except that where possible the graphics from the advertisers are in color.

The newsletter was recognized for its balance of Ruritan club news and local community news content and how well it serves the community.

This award would not have been possible without the support and hard work of our club members, the feedback from YOU our readers and most importantly our advertisers who have graciously supported us for all of these years. Thank you!



2011 Ruritan National Convention

Ruritan is America's largest Community Service Organization with 31,640 members in 1105 clubs in 26 states.

While these 1105 clubs act independently serving the needs of their individual communities, Ruritan National lends support, gives guidance and enables idea exchange for the local clubs.

A National Convention is held annually, this year it was held in Raleigh, NC, at the new Raleigh Convention Center. Ruritans from across America gathered on January 19-22 to share Fellowship, foster Good will and plan future Community Service events.

At the 2012 Convention over 500 Rudy Bears were donated to local Fire, EMS and law enforcement departments to comfort children in emergency situations and in additional more than 1000 hand knitted cancer caps were donated to local hospitals.

It was noted that during 2011 across America over \$30 MILLION in community services were donated by Ruritans to their communities and local food drives accounted for more than 23 tones of food to alleviate hunger.

Each clubs activities are unique to the needs of their Communities.

Thursday evening a Flag Ceremony was held displaying the flags of each of the 26 states Ruritan serves as well as a tribute to the American Flag and Ruritan flag.

Friday was devoted to an array of over 40 Education Workshops designed to enhance Ruritan's ability to deliver Fellowship, Good Will and Community Service. - Marketing Ruritan was led by our own Lee Holden and Millard & Marty Thacker led three workshops ... District Cabinet, Club Directors and Club Treasurers.

On Saturday Elections of national officers were held. Phyllis Lewter was elected Ruritan National President, the second woman to hold that office.. Dennis Clemmer was elected National Vice President. Our own Corky Camin was elected Ruritan National Treasurer. Congratulations to them. Additionally the Ruritan Rudy youth of the Year and Ruriteen of the Year were honored.



Hunger & Us by Patricia Russell

February marks a gigantic milestone in Rougemont with the birth of a Community Food Pantry. The idea was first discussed over 7 months ago and with the efforts of Todd Hinson and others the Rougemont United Methodist Church (RUMC) trustee's approved the church's hosting of the Rougemont Community Food Pantry.

The RUMC is joined by the RECA, (Rougemont Education and Community Association) and the Rougemont Ruritan Club in launching a food pantry for our local folk who need a little help having something nutritious to eat on their tables. I say, "Yea" for this effort.

Now before you think to yourself "I don't know anybody who needs help. I certainly don't have an neighbors who are hungry." Allow me to share just a few facts about hunger in North Carolina you may have heard but not focused on.

According to a November 2011 article by Carol Olson House in Carolina Country magazine, **1 in 4 children below the age of 5 goes hungry (regularly)**. Why below the age of 5? This is the age most children go to school - to kindergarten - where school lunches and even in some cases breakfast can be quietly served to children who regularly get no food outside of school.

There are also many churches who provide a backpack program for children at risk for hunger for the week-ends.

In a 2010 Hunger in America Study, **one in every 5 children under 18 goes hungry!** Shame on me. Shame on us. The fact is that, in this study, NC tied with Louisiana for the last place in their ranking. With the recent economy and so many jobs lost, it not surprising that hunger is increasing steadily.

Hunger causes developmental delays and unruly behaviors in children, who need steady nutrition to do well. **HOW CAN I TELL IF A CHILD IS HUNGRY?** Again, from Carolina Country, "Today, it could be that quiet little girl at your child's bus stop, that sullen little boy in the classroom, that unruly toddler in the aisle of your grocery store," along with older siblings and parents who are hungry or at least food insecure, *(have a meal today, but no idea when there will be another one)*. One way you can help is to donate foods to the Rougemont Community Food Pantry which will be the collection point and from where distribution will be coordinated.

What items are needed most urgently and frequently? I'm glad you asked ...

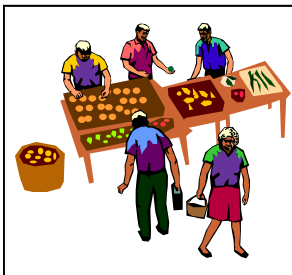
- ◆ High protein canned meats including tuna and salmon
- ◆ Canned vegetables and fruit
- ◆ Peanut Butter
- ◆ Rice and Pasta
- ◆ Eggs - Dried or canned
- ◆ Cereal (including Oatmeal)
- ◆ Fruit juices
- ◆ Box mixes such as Macaroni & Cheese
- ◆ Shelf-stable milk (dried & evaporated)
- ◆ Infant formula

Other items include:

- ◆ Family size container that can provide more than one meal
- ◆ A pot of frying pan with utensils to cook with
- ◆ Storage containers
- ◆ Normal family food service items such as plates, cups, cutlery (spoons, forks, and knives)
- ◆ Fresh fruits, vegetables and eggs with longer shelf life if a specific need is known and can be used quickly.

For more information about fighting hunger go to the Food Effect, www.thefoodeffect.org an organization launched by the NC Pork Council and www.feedingamerica.org the North Carolina Association of Feeding Families Food Banks.

Food for thought; Say you can't go out and buy extras when you get groceries? The change in your cup holder, in your car, donated, can feed a family of four at least once ...



!!! Rougemont Farmers Market !!!

The Rougemont Ruritan Club is working on plans to start a Community Farmers Market this coming later Spring, Summer and early Fall. Exact dates and the location are yet to be finalized - although it will happen initially at least twice a month and with no charge for vendor stalls. If you are interested in becoming a vendor, please contact Joe Haenn at 919-477-3269 or email him at joestrainrepair@yahoo.com to be placed on the notification list. Exciting times ...

Rougemont Water Update: Joe Haenn and Karen Walker are still working with different agencies and keeping the idea of water in Rougemont alive ... The Rural Center thinks the Rougemont water project is a very worthy project, however they are limited to allocating \$\$ only in Person County. Durham Commissioners have put off any discussions about the water issue and removed the topic from their February planning session with no explanation. At the next Funders Fair we will have representatives in attendance which is a semiannual meeting in which most of the funding agencies in NC (USDA, DENR's, DW/CW, State Revolving Funds, Rural Center, Clean Water Management Trust Fund, CDBG, Golden Leaf, etc.) meet with people and consultants who have projects in mind and are seeking advice about loans and/or grants ... The funders listen to the presenters and then offer suggestions about eligibility of projects for types of funding.



Investors Can Learn Much From Super Bowl Teams

Whether you're a sports fan or not, you can probably learn something from the Super Bowl teams that you can apply to other endeavors — such as investing.

What might these lessons be? Take a look:

- **Pick players carefully.** Super Bowl teams don't usually get there out of luck; they've made it in part because they have carefully chosen their players. And to potentially achieve success as an investor, you, too, need carefully chosen "players" — investments that are chosen for your individual situation.
- **Choose a diversified mix of players.** Not only do Super Bowl teams have good players, but they have good ones at many different positions — and these players tend to play well together. As an investor, you should own a variety of investments with different capabilities — such as stocks for growth and bonds for income — and your various investments should complement, rather than duplicate, one another. Strive to build a diversified portfolio containing investments appropriate for you situation, such as stocks, bonds, government securities, certificates of deposit (CDs) and other vehicles. Diversifying your holdings may help reduce the effects of market volatility. (Keep in mind, though, that diversification, by itself, can't guarantee a profit or protect against loss.)
- **Follow a "game plan."** Super Bowl teams are skilled at creating game plans designed to maximize their own strengths and exploit their opponents' weaknesses. When you invest, you also can benefit from a game plan — a strategy to help you work toward your goals. This strategy may incorporate several elements, such as taking full advantage of your Individual Retirement Account (IRA) and your 401(k) or other employer-sponsored retirement plan, pursuing new investment opportunities as they arise and reviewing your portfolio regularly to make sure it's still appropriate for your needs.
- **Stay dedicated to your goals.** Virtually all Super Bowl teams have had to overcome obstacles, such as injuries, bad weather and a tough schedule. But through persistence and a constant devotion to their ultimate goal, they persevere. As an investor, you'll face some challenges, too, such as political and economic turmoil that can upset the financial markets. But if you own a diversified mix of quality investments and follow a long-term strategy that's tailored to your objectives, time horizon and risk tolerance, you can keep moving forward, despite the "bumps in the road" that all investors face.
- **Get good coaching.** Super Bowl teams typically are well-coached, with disciplined head coaches and innovative offensive and defensive coordinators. When you're trying to achieve many financial goals — such as a comfortable retirement, control over your investment taxes and a legacy to leave to your family — you, too, can benefit from strong "coaching." As your "head coach," you might choose a financial professional — someone who can help you identify your goals and recommend an appropriate investment strategy to help you work toward them. And your financial professional can coordinate activities with your other "coaches," such as your tax and legal advisors.

Unless you're a professional football player, you won't ever experience what it's like to play in the Super Bowl. However, achieving your financial goals can be a fairly big event in your life — and to help work toward that point, you can take a few tips from the teams that have made it to the Big Time.

Danielle Cooley - Financial Advisor - Edward Jones (see ad page 16)

Ruritan's can learn much from Super Bowl Teams as well ...



- ◆ Choose our members carefully. That is why we want people who, like us, care about their community and their neighbors ...
- ◆ Choose a diversified mix of members ... **Wow.** We have certainly done that. Our club has a mix of races, old and young, short and tall, slender and stout (smile). And we have all come together for the same purpose, to give back to our community.
- ◆ We have a game plan. It is spelled out in the Ruritan Club and District Officers Handbook, **but in spirit it is about Fellowship, Goodwill and Community Service!**
- ◆ Living those words can change lives and does daily.
- ◆ Goals - to THRIVE, live the spirit of Ruritan in our daily lives. To be one of those special spirits that reach out to others and make a difference.
- ◆ Coaching ... we are blessed with having Millard & Marty Thacker as members of our club. As the former 2002 Ruritan National President Millard's value to the club is priceless.

We are blessed that John Anderson co-founded and led this club and is still a member today ... 62 years later.

We are blessed with wonderful, caring members who stay connected. We are blessed by all who have come before us and helped us to be the club we are today.

We are blessed with members like John Minerger our Ruritan_of_the Year and Un-Sung Hero awardee.

We are blessed with all of our members - truly blessed.

D. Artemas "Lee" Holden
Past President, Rougemont Ruritan Club



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Matthew 11: 28-29



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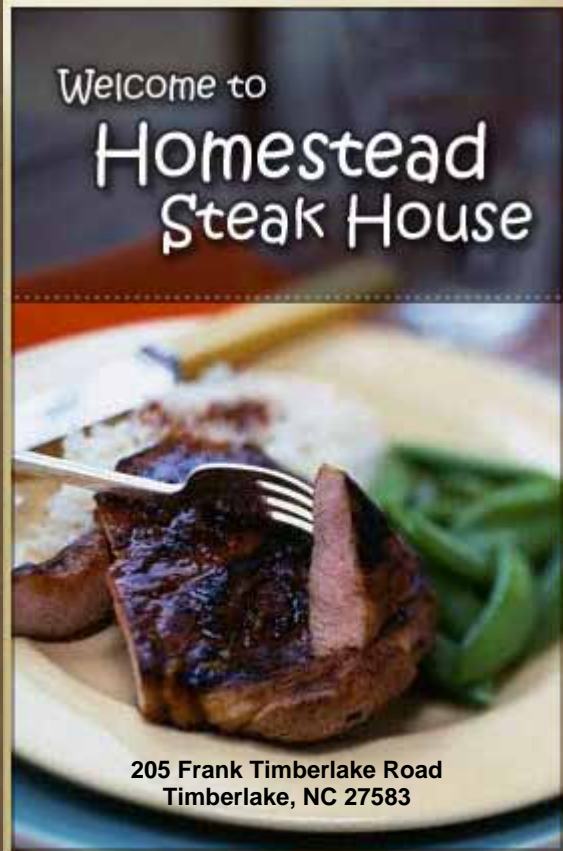
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Ages	Price
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5 to 10	\$ 5.00
10 to 65	\$12.00
65 & Up	\$11.00

Prices include tax and beverage!

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- ◆ CATERING AT YOUR LOCATION OR
- ◆ THE FESTIVAL HOUSE HERE AT THE HOMESTEAD STEAKHOUSE

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